

**Robert W. Sheffield, M.D., F.A.C.S.**  
**Adam D. Lowenstein, M.D., F.A.C.S.**  
**1110 Coast Village Circle**  
**Santa Barbara, CA 93108**  
**805-969-9004**

For two weeks prior to surgery and one week after surgery, do not take medications containing aspirin (ASA) (salicylates). Many over the counter medications contain aspirin. Please read the labels of any medications you are taking. If you are unsure whether or not your medication contains aspirin, please give the doctor or nurse the name of the medication. Please notify us of ANY and ALL medications you are currently taking, including over the counter medicines. You must discontinue any herbal remedies and supplements.

**MEDICATIONS TO AVOID PRIOR TO SURGERY**

Advil			
Aleve	Coumadin		
Alka Seltzer	Darvon	Goody's	
Alcohol	Dicumarol	headache powder	Sine Aid
Anacin	Disalcid	and tablets	Soma
Anaprox	Dolobid	Ibuprofen	Tolectin
Ansaid	Dristan	Indomethacin	Toradol
Aspirin	Duradyne	Lodine	Trandate
BC Tablets or	Dristan	Lovenox	Trental
powder	Easprin	Meclomen	Trilisate
BC Cold powder	Ecotrin	Medipren	Vanquish
Brufen	Empirin	Midol	Vicoprofen
Bufferin	Equagesic	Monogesic	Vitamin E
Buffex	Enoxaparin	Motrin	Voltaren
Cama arthritis	Excedrin	Naprosyn	Warfarin
pain reliever	Feldene	Pepto Bismal	Wesprin
Celebrex	Florinal	Percodan	Zavtrin
Cephalgesics	Flurbiprofen	Persantine	Zoprin
Cogesprin	sodium	Robaxisal	
Coricidin	4 Way cold	Rufen	
	tablets	Salflex	

The diet drug known as Phen-Fed is marketed under the following generic and brand names. If you are on any of these drugs please inform this office. You must be off these drugs for at least two weeks prior to surgery or your surgery will be canceled.

PHENTERMINE	Phentride	Zantryl
Adipex-P	Phentride Caplets	Ephedra
Duromine	Phentrol	Ephedra
Fastin	Phentrol-2	Ephedrine
Oby-Mat	Phentrol-3	MaHuang
Oby-Nix	Phentrol-5	Meridia
Oby-Trim	T-Deit	Ginko
Panshape	Teramin	St. John's Wort
Phentercot	Wilpower	