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MICRODERMABRASION POST-OP INSTRUCTIONS

1. It is anticipated that several treatments will be required to achieve an improvement in your skin.
2. Use moisturizer on the treated areas for the first three days and use sun screen when outside or in the car.
3. The day following treatment you may wash your face with mild soap and water and apply a moisturizer.
4. Avoid sun exposure to prevent hyperpigmentation.
5. You may bathe or shower, and wash your hair the day of your treatment.
6. Do not wear make-up of any kind until the resurfaced areas are healed, approximately 1-2 days.

Although your skin may feel slightly more sensitive after treatment, healing is usually painless. The skin may be red for several days and some swelling may occur in the eyelid area. Occasionally an area may become crusty if additional treatment has been done and cleansing with gentle soap and water is appropriate.